



2016 - 2017 TRYOUTS



TRYOUT DATES: September 15th, 17th & 18th

TRYOUT SCHEDULE:

Thursday 9/15	6:00 PM – 6:30 PM	Registration
	6:30 PM – 9:00 PM	Technique Session
Saturday 9/17	1:00 AM – 4:00 PM	Choreography Session
Sunday 9/18	10:30 AM – 11:00 AM	Warm-up
	11:00 AM – 2:00 PM	Final Tryout

2015-2016 MANDATORY TEAM DINNER MEETING:

Sunday 9/18 6:00 PM – 9:00 PM

TRYOUT REQUIREMENTS

FORMS TO COMPLETE BY SEPTEMBER 13th:

1. Student Health Services Immunization and Physical Form
 - Form **MUST** be completed by your Primary Care Physician **within the past year**
 - Make sure the box at the **top of page 3** concerning participation in "*highly competitive athletics*" is completed and signed by your physician
 - Members of the 2015-2016 BUDT do not need to complete
2. BU Athletic Training Services Pre-Participation Questionnaire
 - Members of the 2015-2016 BUDT do not need to complete

TO BRING TO TRYOUTS:

1. \$20.00 Registration Fee
2. BU Dance Team Registration Form
3. Headshot
4. Class Schedule (graph version)
5. Unofficial copy of your BU Transcript (applies only to those who have completed at least one semester of classes)
6. Appropriate footwear (jazz shoes & sneakers recommended)
7. Water

It is important that you read and fully understand the enclosed information.

If you have any questions or concerns, please do not hesitate to email Coach Kaitlyn at budt@bu.edu.

Thank you for your interest and GOOD LUCK!

PROGRAM OVERVIEW

The Boston University Dance Team is one of the elite programs in the nation. If the idea of involvement in your school, competing nationally and taking your abilities to the next level interests you, then this team is for YOU!

The team performs at men's and women's basketball games and special events throughout the season. In addition, the team competes nationally in the Division I Team Performance and Hip Hop categories at the NDA Collegiate National Championship in Daytona Beach, FL. The team has finished in the Top Ten since 2007 and won National Titles in 2014 (Hip Hop) and 2016 (Team Performance).

As a member of the Boston University Dance Team and a student-athlete, you are a visible representative of the athletic teams you support, the University and the city of Boston. Team members dedicate 12-20 hours per week towards practice, games, events and fundraisers. In addition, all student-athletes in the Athletic Department are required to maintain academic standards including a 2.0 GPA.

Imagine the excitement of being a part of a team competing at the national level at the world's largest cheer and dance competition with your best friends standing by your side! Every once in a while you come across an opportunity, and make a decision that will change your life. Earning a place on the Boston University Dance Team has the potential to do just that!



TRYOUT REQUIREMENTS

Eligibility:

Candidates must be a freshman, sophomore, or junior enrolled full-time at Boston University OR a senior or graduate student enrolled in a minimum of one academic course per semester.

Candidates who have finished at least one semester of classes at Boston University must have a minimum 2.0 Grade Point Average and must provide an unofficial transcript.

All levels of experience are welcome to tryout. Not only are we looking for dancers with strong skills and technique, but also excellent performers. Do not assume that a weakness in any one area will automatically disqualify you as a team member. We will be looking for dancers who are eager to learn and display a positive attitude at all times.

Tryout Process:

Tryouts are held over three sessions with cuts occurring at the end of the first and third sessions. During each session, you will be observed by the coaches and a judging panel.

SESSION 1: THURSDAY, SEPTEMBER 15th 6-9pm

Location: Case Gymnasium (285 Babcock Street)

We will start with a warm-up and then continue with progressions across the floor consisting of kicks, leaps, turns, and various other technical skills. We will conclude with an *optional* hip hop free style. The first round of cuts will be posted after the session.

SESSION 2: SATURDAY, SEPTEMBER 17th 1-4pm

Location: Case Gymnasium (285 Babcock Street)

We will start with a warm-up and then you will learn 3 dance combinations (jazz, pom, and hip hop). At the end of the day, you will have open practice time.

SESSION 3: SUNDAY, SEPTEMBER 18th 10:30am-2pm

Location: Case Gymnasium (285 Babcock Street)

You will perform the dance combinations, as well as some progressions across the floor, for a panel of judges. At this point you will also have the opportunity to show us skills which many not have been emphasized during the earlier portion of the tryout. After the dance portion is complete, there will be a short interview where we will ask you 1-2 questions

Tryout Attire:

Dancers should wear fitted clothing. Most choose to wear booty shorts and a tank top or sports bra/crop top. There are no specific color requirements. Dancers should look presentable, with performance-ready makeup and no excess jewelry. Please make sure your hair is secure.

Skills:

You will be asked to execute the skills listed below for auditions. In addition to the skills listed, you will be observed throughout the sessions on your attitude, projection, and overall performance. Not only are we looking for strong dancers but also excellent performers.

- Leg hold
- Grand jete
- Second leap
- Calypso leap
- Switch leap
- Toe-touch (or Russian)
- Turning disc
- Double and triple pirouettes (show us quads if you have them!)
- Fouette (a la seconde) turns
- 1-3 skills of your choice (extensions, hip hop or gymnastic skills appreciated)

FORMS TO COMPLETE

PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY.
YOU WILL NOT BE ABLE TO TRYOUT WITH INCOMPLETE FORMS/MISSING
INFORMATION.

Immunization and Physical Form: NEW MEMBERS MUST COMPLETE BY **SEPT 13** / RETURNERS DO NOT NEED TO COMPLETE

- Freshman **MUST** have a current physical exam on file with BU Student Health Services **within 1 year of matriculation**. You may already have this form complete, however make sure the whole form is filled out (see 4th bullet point below).
- Sophomores-Seniors who are trying out for the first time will need to make sure they have a physical **within 1 year from the date of tryouts**.
- Please download the necessary Immunization & Physical Form to be completed by your Primary Care Physician:
<http://www.bu.edu/shs/files/2016/06/Immunization-Physical-Form-Standard.pdf>
- Pay particular attention to the statement concerning participation in *“highly competitive athletics”* at the **top of page 3**. **The appropriate box must be checked and the enclosed signature box MUST be signed by your home medical provider within the past year.**
- Once completed and signed, please follow these steps to upload your form to Patient Connect:
 - A. Go to <http://www.bu.edu/shs/resources/factsheets/patientconnect/>
 - B. In the bottom left corner, agree to the terms of use by selecting “Click here.”
 - C. Login using your BU login and Kerberos password
 - D. Click the “Forms” option on the left menu bar.
 - E. Click “Immunization & Physical Form Upload.”
 - F. Follow the instructions to upload your “Immunization & Physical Form” and click Save.

Pre-Participation Questionnaire: NEW MEMBERS MUST COMPLETE BY **SEPT 13** / RETURNERS DO NOT NEED TO COMPLETE

- Complete the Pre-Participation Questionnaire through Patient Connect by following these steps:
 - A. Go to <http://www.bu.edu/shs/resources/factsheets/patientconnect/>
 - B. In the bottom left corner, agree to the terms of use by selecting “Click here.”
 - C. Login using your BU login and Kerberos password
 - D. Click the “Forms” option on the left menu bar.
 - E. Click the “Pre-Participation Questionnaire” form.
 - F. Complete the form, **making sure to answer all questions and give descriptions to “YES” answers.**

- a. Click “Submit Final” at the bottom. (You may also click “Save Partial” and complete at a later time).
- b. **MAKE SURE YOU RECEIVE THE CONFIRMATION MESSAGE AFTER CLICKING SUBMIT.** If you do not, you must scroll through the questionnaire and complete any questions you might have omitted accidentally. **These will be highlighted in RED.** You will lose all work if you close the browser window without receiving the completion confirmation.
- c. Ensure that consent and acknowledgement forms have been digitally signed. Please note, any student-athlete under the age of 18 will need a parent co-signature (Link to the “Release of Minor Waiver Form” can be found on the online questionnaire prior to clicking submit).

You can contact Athletic Training Services with questions via email: pps@bu.edu or by phone: (617)358-0822.

If you are unable to complete these two forms by September 13th, please email Coach Kaitlyn at budt@bu.edu.

2016-2017 Boston University Dance Team Tryout Registration Form



Name:

Date of Birth:

Age:

Home Address:

City:

State:

Zip Code:

Campus Dorm/Address:

Cell Phone Number:

Email Address:

Program/Year of Graduation:

Previous Dance Experience: (Include training and competition experience)

Why do you want to be a member of the BU Dance Team?

How will you contribute to making the team better?

Do you have any prior injuries? If yes, please explain and provide dates of injury.

Below, write in any weekly activities (i.e. work, lab, etc.):

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Please attach the graph version of your class schedule & a current headshot.