

7D firmware version 1.2.5

RECORD SETTINGS

format: 1920/24 (23.976fps)	Video System: NTSC
shutter: 1/50	Picture Style: Neutral
sound: Off	Light Optimizer: Off

QUICK SET-UP

SWITCH SET

- ① SET to Movie Mode
- ② SET to Manual operation

MENU SET

1. CLEAR all custom function
 Custom Functions ▶ Clear all Custom Func. ▶ OK
2. CLEAR all camera settings
 Set-up 3 ▶ Clear all camera settings ▶ OK
3. SET video system
 Set-up 2 ▶ Video system ▶ **NTSC**
4. SET record size/frame rate:
 Movie Functions ▶ Movie rec. size ▶ **1920x1080 24**
5. SET sound recording:
 Movie Functions ▶ Sound recording ▶ **Off**
6. DISABLE lighting optimizer
 Shooting Functions 2 ▶ Auto Lighting Optimizer ▶ **Off**
7. SET picture (color) style
 Shooting Functions 2 ▶ Picture Style ▶ **Neutral**
8. FORMAT media
 Set-up 1 ▶ Format ▶ OK
9. SET shutter exposure time
 Main Dial "Toggle Wheel" ▶ **1/50**

ADDITIONAL FUNCTIONS

LOCK shutter

- Custom Functions ▶ C.FnIV:Operation/Others ▶ **1 (sub menu)**
 - a. "Toggle Wheel" Main Dial③ : from Tv to **Av**
 - b. Quick Control Dial④ : from Av to **Tv**
 - c. SET shutter exposure time to 1/50
 - d. LOCK Dial

SELECT iso accordingly

ISO⑤ 100 · 125 · 160 · 200 · 250 · 320 · 400 · 500 · 640 · 800 · 1000 · 1250
1600 · 2000 · 1250 · 1600 · 2000 · 2500 · 3200 · 4000 · 5000 · 64000

SELECT color temperature accordingly

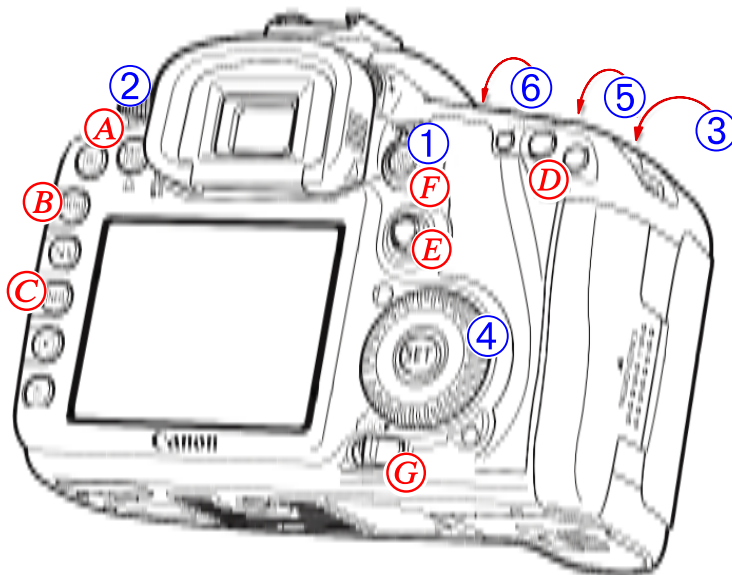
- Option 1 WB⑥
- Option 2 Shooting Functions 2 ▶ White balance ▶ **Tungsten** 3200K
 ▶ **Daylight** ~5200K
 ▶ **Custom**
 ▶ **Color temp.** °K
 toggle (user defined)

SELECT picture style accordingly

- Shooting Functions 2 ▶ Picture Style ▶ **Neutral**
 ▶ **User Def. CineStyle**
 (see 7D NOTES)

Focus Assist

Focus Assist⑩ (zoom in x5 · x10) ▶ Re-center **PUSH** Control Joystick⑩



7D BUTTON/SWITCH

① MOVIE/STILL	(switch) STILL MOVIE
② MODE	(turn) Manual variable
③ MAIN DIAL	(dial) iris Tv to Av (Main Dial)
④ QUICK CONTROL DIAL	(dial) shutter(1/50) Av to Tv (Quick Control)
⑤ ISO	(select) variable user defined
⑥ WHITE BALANCE	(select) variable user defined
Ⓐ POWER	(switch) ON OFF
Ⓑ MENU	(enter) Enter Exit
Ⓒ INFO	(toggle) Display Disp.1 exposure settings Disp.2 color settings Disp.3 electronic level
Ⓓ FOCUS ASSIST	(toggle) x5 x10
Ⓔ JOYSTICK	(navigate) up down left right enter(push)
Ⓕ START/STOP	(toggle) record
Ⓖ LOCK	(switch) LOCK UNLOCK shutter (user set)

7D NOTES

CAMERA SUPPORT

1/8" screw needed for Sachtler/O'Connor tripods

PICTURE STYLE (USER DEF.)

Technicolor CineStyle

- a. [download](#) Technicolor_CineStyle_pf2 Download LINK blogs.bu.edu/jamie
- b. [download](#) Canon EOS Utility Download LINK blogs.bu.edu/jamie
- c. [connect](#) 1.) Canon 7D camera to desktop system via USB cable 2.) camera [power](#) ON
- d. [launch](#) Canon EOS Utility
- e. [select](#) 1.) Control Camera 2.) Camera settings/Remote shooting (EOS 7D window opens)
- f. [select](#) 1.) camera button 2.) Register User Defined style (Shooting menu)
- g. [select](#) 1.) open file 2.) [navigate](#) to CineStyle_pf2 file 3.) open 4.) OK
- h. [disconnect](#) Canon EOS 7D camera from USB cable
- i. CineStyle stored in Canon 7D menu Shooting Functions 2 ▶ Picture Style ▶ User Def.