



2022-2023 Tryouts

TRYOUT DATES: April 30th-May 1st

LOCATION: Case Gym (285 Babcock St, Boston, MA 02215)



TRYOUT SCHEDULE:

Saturday 30th:	9:00 AM – 9:30 AM	Registration
	9:30 AM – 10:30 AM	Session 1
	10:30 AM – 11:00 AM	Break
	11:00 AM – 12:00 PM	Session 2
Sunday 1st:	9:30 AM – 10:00 AM	Warm-up

10:00 AM – 11:00 AM Final Tryouts

2022-2023 MANDATORY TEAM DINNER MEETING:

Sunday May 1st 6:00 PM – 8:00 PM (location TBD)

TRYOUT REQUIREMENTS

FORMS TO COMPLETE BY APRIL 24th:

Incoming students will have most of these forms already completed as they are required to begin school-- just make sure you have them all done correctly. See pages 6-7 for more info.

1. Immunization & Physical Form
 - Form **MUST** be completed by your Primary Care Physician **within the past year**
 - Make sure that **Part 5 at the bottom of page 4** concerning participation in “*highly competitive athletics*” is completed and signed below by your physician
2. Incoming Health History Form
3. Consent & Acknowledgment Form (*required only if Under 18 Years of Age*)
4. AlcoholEdu for College (*required only for freshman*)
5. Athletic Screening Questionnaire – Cheerleading, Dance, & Club Sports (except ice hockey, rugby, and soccer)
6. Athletics Release for Minors Form (*required only if Under 18 Years of Age*)
7. **BUDT 2022-2023 TRYOUT FORM:**
 - [https://docs.google.com/forms/d/e/1FAIpQLSfE-g-zxST5XtyB-IUzzriik9w6vCI0muPpLI-OSi2LGX4b9A/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSfE-g-zxST5XtyB-IUzzriik9w6vCI0muPpLI-OSi2LGX4b9A/viewform?usp=sf_link)

TO BRING TO TRYOUTS:

1. \$20.00 Registration Fee
2. Headshot (does not have to be professional)
3. Appropriate footwear (jazz shoes & sneakers recommended)
4. Green badge (will be asked to show it at the door)
5. Water and snacks!
6. Before tryouts, make sure that you filled out the BUDT tryout form and included your headshot, class schedule, and transcript (if applicable)!!!!
7. NO MASK IS REQUIRED

It is important that you read and fully understand the enclosed information.

If you have any questions or concerns, please do not hesitate to email us at budt@bu.edu

Thank you for your interest and GOOD LUCK!

PROGRAM OVERVIEW

The Boston University Dance Team is one of the top programs in the nation. If the idea of involvement in your school, competing nationally and taking your abilities to the next level interests you, then this team is for YOU!

The team performs at men's and women's basketball games, at on-campus events, community service events, and local dance showcases throughout the season. In addition, the team competes nationally in the Division I category at the NDA Collegiate National Championship in Daytona Beach, FL. The team has finished in the Top Ten since 2007 and won National Titles in 2014 (Hip Hop) and 2016 (Team Performance). Last year in 2021, our team placed 3rd among D1A and D1 schools (Hip Hop). In this current season, our team placed top ten in both D1 Team Performance and D1 Hip Hop.

As a member of the Boston University Dance Team and a student-athlete, you are a visible representative of the athletic teams you support, the University and the city of Boston. Team members dedicate 12-20 hours per week towards practice, games, events and fundraisers. In addition, all student-athletes in the Athletic Department are required to maintain academic standards including a 2.0 GPA.

Imagine the excitement of being a part of a team competing at the national level at the world's largest cheer and dance competition with your best friends standing by your side! Every once in a while you come across an opportunity, and make a decision that will change your life. Earning a place on the Boston University Dance Team has the potential to do just that!



TRYOUT REQUIREMENTS

Eligibility:

Candidates must be a rising sophomore or junior enrolled full-time at Boston University OR a rising senior or graduate student enrolled in a minimum of two academic courses per semester. Candidates who have finished at least one semester of classes at Boston University must have a minimum 2.0 Grade Point Average and must provide an unofficial transcript.

All levels of experience are welcome to tryout! Not only are we looking for dancers with strong skills and technique, but also excellent performers. Do not assume that a weakness in any one area will automatically disqualify you as a team member. We will be looking for dancers who are eager to learn and display a positive attitude at all times.

Tryout Process:

Tryouts are held over multiple sessions with cuts occurring on both days. During each session, you will be observed by our coach and a judging panel.

DAY 1: SATURDAY, April 30th

Location: Case Gymnasium (285 Babcock Street)

SESSION 1:

We will start with a warm-up and then continue with progressions across the floor consisting of kicks, leaps, turns, and various other technical skills. We will then break for lunch.

SESSION 2:

We will teach 2 short dance combinations (jazz and hip hop) in addition to a short band dance (pom). At the end of the day, you will have open practice time available.

DAY 2: SUNDAY, May 1st

Location: Case Gymnasium (285 Babcock Street)

FINALS:

You will perform the dance combinations, as well as some progressions across the floor, for a panel of judges. At this point you will have the opportunity to perform a 2-4 eight-count combination choreographed by YOU. This should incorporate your strengths, and technical skills that may not have been emphasized during the earlier portion of the tryout. Music will be provided ahead of time for you to choreograph to. You will have time during the tryout process to work on this material. After the dance portion is complete, there will be a short interview where we will ask you 1-2 questions to get to know you.

TRYOUT REQUIREMENTS

Skills:

You will be asked to execute the skills listed below for tryouts. In addition to the skills listed, you will be observed throughout the sessions on your attitude, enthusiasm, projection, and overall performance. Not only are we looking for strong dancers but also excellent performers!

- Leg hold
- Grand jete
- Second leap
- Calypso leap
- Switch leap
- Toe-touch (or Russian)
- Turning disc
- Double and triple pirouettes (show us quads if you have them!)
- Fouette (a la seconde) turns
- Technical skills of your choice (extensions, hip hop or gymnastic skills appreciated) incorporated into a 2-4 eight count combination choreographed by YOU
 - Music will be provided ahead of time and you will have time during the tryout process to work on this material.

Tryout Attire:

Dancers should wear fitted clothing. Most choose to wear booty shorts or leggings and a tank top or sports bra/crop top. Please make sure that your hair is secure in a ponytail or bun if possible. There are no specific color requirements. During the final session on Sunday, dancers should look presentable, with performance-ready makeup, intentionally straightened or curled hair, and no excess jewelry.

COME JOIN US FOR A FREE CLASS & INFO SESSION!!

If interested, please fill out this form: [https://docs.google.com/forms/d/e/1FAIpQLSeznJOI1Lc8sPUp5YDqWmYdxU613wilix7PngMN29eRIDQpRw/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSeznJOI1Lc8sPUp5YDqWmYdxU613wilix7PngMN29eRIDQpRw/viewform?usp=sf_link)

Thursday, April 28th, 2022

Location: Case Gymnasium (285 Babcock Street)

7:00 PM – 8:00 PM Free Class

8:00 PM – 9:00 PM Info Session

We will be teaching a jazz routine which will be followed by an info session IN PERSON. During the info session, we will give an overview of the team and answer all of your questions about the team and tryout process. You only need to come to one free class, we will be teaching the same jazz routine in both of them. This routine will be one of the three that you will need to perform on the final day of tryouts. If you cannot make it to either info sessions, no worries, you will still learn the routine during tryouts! This class only gives you a head start/gives you an idea of the

styles of dance we perform. All levels of experience are encouraged to come! All BU students are welcome! You will be asked to show a green badge at the door / wear a mask.

FORMS TO COMPLETE

PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY.
YOU WILL NOT BE ABLE TO TRYOUT WITH INCOMPLETE FORMS/MISSING INFORMATION.

Student-Athlete Health Forms: NEW MEMBERS MUST COMPLETE BY APRIL 24TH

- Athletic Training must pre-approve you for you to be eligible to tryout. Don't worry it's easy to get approved! Simply submit the forms listed below by **April 24th**. Incoming students will have most of these forms already complete as they are required to begin school—just make sure you have them all done correctly.
- The **Incoming Health Requirements Guide** will help you navigate through all the steps to complete these forms:
<http://www.bu.edu/shs/getting-started/incoming-health-requirements/>
- Once you go to the above webpage, answer the three questions to obtain the information on the forms you need to complete:
 - Freshman
 - I am a: First-Year Student (Freshman Only)
 - I am: Select appropriate age category
 - I participate in: Club Sport Athletics
 - Sophomore -> Graduate Students (*for transfer & existing BU students*)
 - I am a: Graduate or Transfer Student
 - I am: Select appropriate age category
 - I participate in: Club Sport Athletics

Immunization & Physical Form

- MUST have a current physical exam by your Primary Care Physician on file with BU Student Health Services **within 1 year from the date of tryouts**.
- Pay particular attention to the statement concerning participation in "*highly competitive athletics*" in **Part 5 at the bottom of page 4**. **The appropriate answer must be circled and the below signature line MUST be signed by your home medical provider within the past year.**

Incoming Health History Form

- Make sure to answer all questions and give descriptions to any "YES" answers.

- Consent & Acknowledgment Form**
 - Required only if Under 18 Years of Age

- AlcoholEdu for College**
 - Required only for Freshman students

- Athletic Screening Questionnaire – Cheerleading, Dance, & Club Sports (except ice hockey, rugby, and soccer)**
 - Make sure to answer all questions and give descriptions to any “YES” answers.
 - When the form is complete, select “Submit Final” (You may also click “Save Partial” and complete at a later time). **Make sure you receive a confirmation message after clicking Submit.** If you do not, you must scroll through the questionnaire and complete any questions you might have omitted accidentally. **These will be highlighted in RED.** You will lose all work if you close the browser window without receiving the completion confirmation.

- Athletics Release for Minors Form**
 - Required only if Under 18 Years of Age

You can contact Athletic Training Services with questions via email: pps@bu.edu or by phone: (617) 358-0822.

If you are unable to complete these forms by April 24th, please email us at budt@bu.edu.