

# SARGENT CHOICE NIGHT - September 25th - 5PM → 9 PM


## FRESH FOOD COMPANY AT MARCIANO COMMONS



### Pizza

Whole Wheat Margarita Pizza   
Buffalo Chicken Pizza

### Soup

Butternut Squash Soup   
Gulf Shrimp & Local Corn Soup

### Entrees

#### Rotisserie Jerk Turkey with Mango Salsa

*Served with roasted zucchini and squash over red beans and brown rice.*

#### PEI Saffron Mussels

*Steamed mussels served over whole wheat pasta and fresh vegetables.*

#### Asian Flank Steak

*Marinated flank steak grilled and served with scallion mashed potatoes and ginger bok choy.*



#### Lemon and Herb Grilled Chicken

*Chicken marinated with mint and lemon served with Brown Rice and Sautéed Garlic Spinach.*



#### Baked Tofu Strips with Soy Dipping Sauce

*Marinated tofu breaded with house-made whole-wheat bread crumbs, house-made Soy dipping sauce served alongside Ginger Asian Slaw.*

#### Thai Shrimp in a Lemon Grass and Basil Broth

*Shrimp, bamboo shoots, and edamame steamed together with Thai spices and brown rice noodles.*

#### Cuban Panini

*Packed with arugula, sliced red onions, cucumber, cherry tomatoes, and toasted cumin dressing.  
Served with a side of Spicy Chickpea & Cucumber Salad*

#### Spicy Meatball Sandwich

*Served on a whole wheat roll with a side of coleslaw*

### Desserts



Mixed Berry & Cream Cheese Parfait



Apple Crisp



Chocolate Zucchini Square





Whole Grain Vanilla Cake




**SARGENT CHOICE NIGHT - September 25th - 5PM → 9 PM**  
**WARREN TOWERS**

**Pizza**

-  Whole Wheat Margarita Pizza
- Buffalo Chicken Pizza
-  Roasted Vegetable Pizza

**Soup**

-  Butternut Squash Soup
- Gulf Shrimp & Local Corn Soup

**Entrees**

**Rotisserie Jerk Turkey with Mango Salsa**

*Served with roasted zucchini and squash over red beans and brown rice.*

**PEI Saffron Mussels**

*Steamed mussels served over whole wheat pasta and fresh vegetables.*

**Lemon and Herb Grilled Chicken**

*Chicken marinated with mint and lemon served with Brown Rice and Sautéed Garlic Spinach.*

 **Baked Tofu Strips with Soy Dipping Sauce**

*Marinated tofu breaded with house-made whole-wheat bread crumbs, house-made Soy dipping sauce served alongside Ginger Asian Slaw.*

**Thai Shrimp in a Lemon Grass and Basil Broth**

*Shrimp, bamboo shoots, and edamame steamed together with Thai spices and brown rice noodles.*

**Cuban Panini**

*Packed with arugula, sliced red onions, cucumber, cherry tomatoes, and toasted cumin dressing.  
Served with a side of Spicy Chickpea & Cucumber Salad*

**Desserts**

 **Mixed Berry & Cream Cheese Parfait**

 **Apple Crisp**


 **Chocolate Zucchini Square**

 **Whole Grain Vanilla Cake**


**SARGENT CHOICE NIGHT - September 25th - 5PM → 9 PM**  
**FRESH FOOD COMPANY AT WEST CAMPUS**



**Pizza**

 Whole Wheat Margarita Pizza  
Buffalo Chicken Pizza

**Soup**

 Butternut Squash Soup  
Gulf Shrimp & Local Corn Soup

**Entrees**

**Rotisserie Jerk Turkey with Mango Salsa**

*Served with roasted zucchini and squash over red beans and brown rice.*

**PEI Saffron Mussels**

*Steamed mussels served over whole wheat pasta and fresh vegetables.*

**Asian Flank Steak**

*Marinated flank steak grilled and served with scallion mashed potatoes and ginger bok choy.*

**Lemon and Herb Grilled Chicken**

*Chicken marinated with mint and lemon served with Brown Rice and Sautéed Garlic Spinach.*

 **Baked Tofu Strips with Soy Dipping Sauce**

*Marinated tofu breaded with house-made whole-wheat bread crumbs, house-made Soy dipping sauce served alongside Ginger Asian Slaw.*

**Thai Shrimp in a Lemon Grass and Basil Broth**

*Shrimp, bamboo shoots, and edamame steamed together with Thai spices and brown rice noodles.*

**Cuban Panini**

*Packed with arugula, sliced red onions, cucumber, cherry tomatoes, and toasted cumin dressing.  
Served with a side of Spicy Chickpea & Cucumber Salad*

**Spicy Meatball Sandwich**

*Served on a whole wheat roll with a side of coleslaw*

**Desserts**

 **Mixed Berry & Cream Cheese Parfait**

 **Apple Crisp**

 **Chocolate Zucchini Square**

 **Whole Grain Vanilla Cake**